

Tū Tangata Rite | *People Standing As One*

Ageing Positively with HIV in Aotearoa NZ

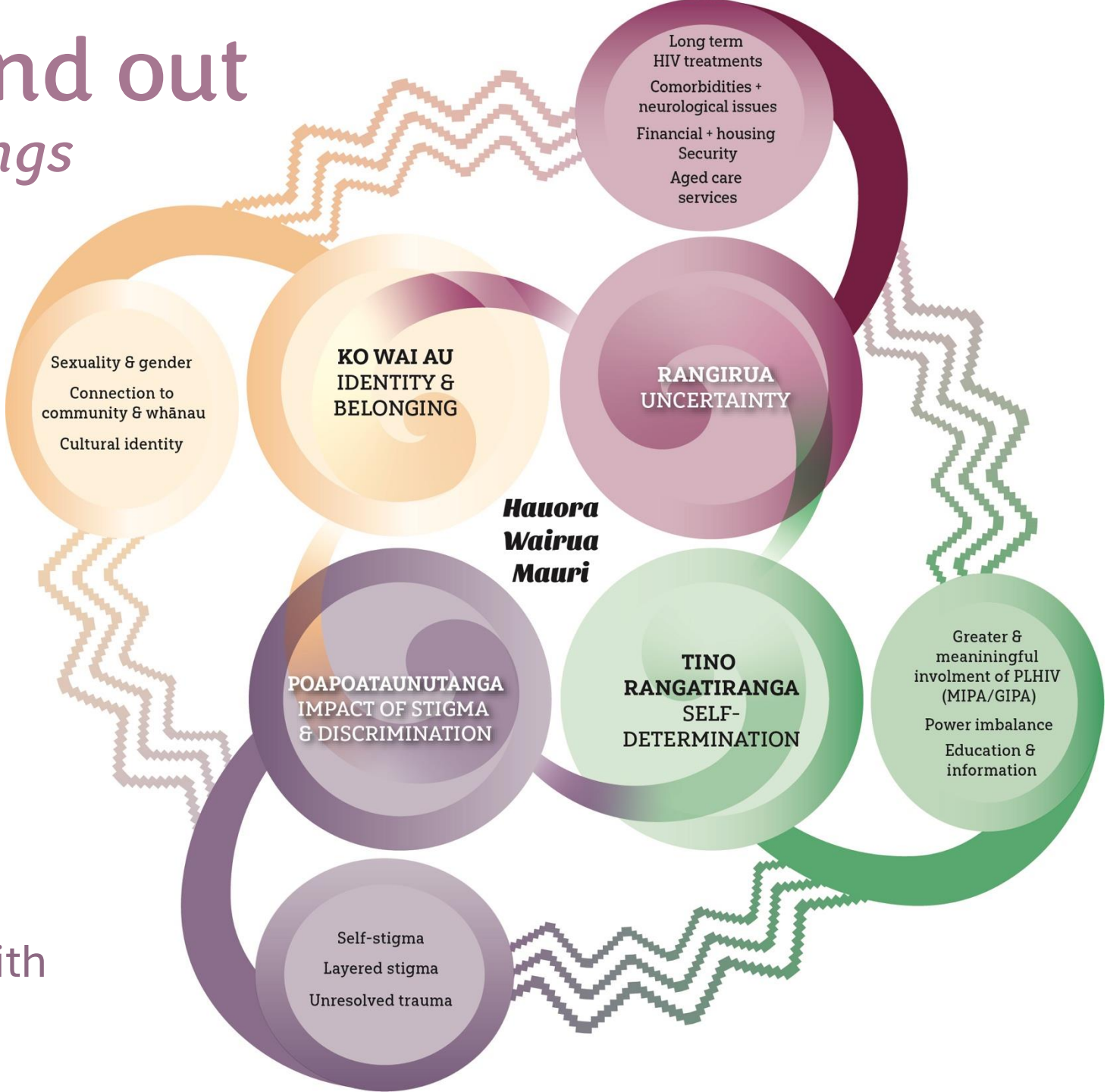


What we know about ageing and HIV in NZ

- Currently 61% of people living with HIV are now over the age of 50. Future projections estimate this will rise to 72% by 2030.
- Research shows people living with HIV can age faster, and have an increased risk of developing age-related health issues 10-15 years earlier than people who do not have HIV.
- Increasing experiences of stigma & discrimination from people entering aged residential care (ARC).
- An entire healthcare workforce who have not needed to consider HIV before - no training for non-clinical support workers about HIV, diversity or other stigmatising conditions.

What we found out

- key research findings



In 2023, we conducted qualitative research to better understand the needs of people living with HIV aged 50+

Recommendations

- need for workforce information to address misconceptions and negative attitudes towards people who live with HIV.
- people living with HIV need more information about ageing and HIV and caring for hauora (overall well-being) and, importantly, to be involved in creating the solution.

In response, Positive Women Inc in collaboration with Toitū te Ao and Burnett Foundation Aotearoa, initiated **Tū Tangata Rite**.



Te kapa



Kaiārahi Māori



**Kaipupuri Mauri
me ngā Tikanga**



Pou Tikanga

Te Roopu Kaihono

Community members as lived experience experts

Ngā Heke

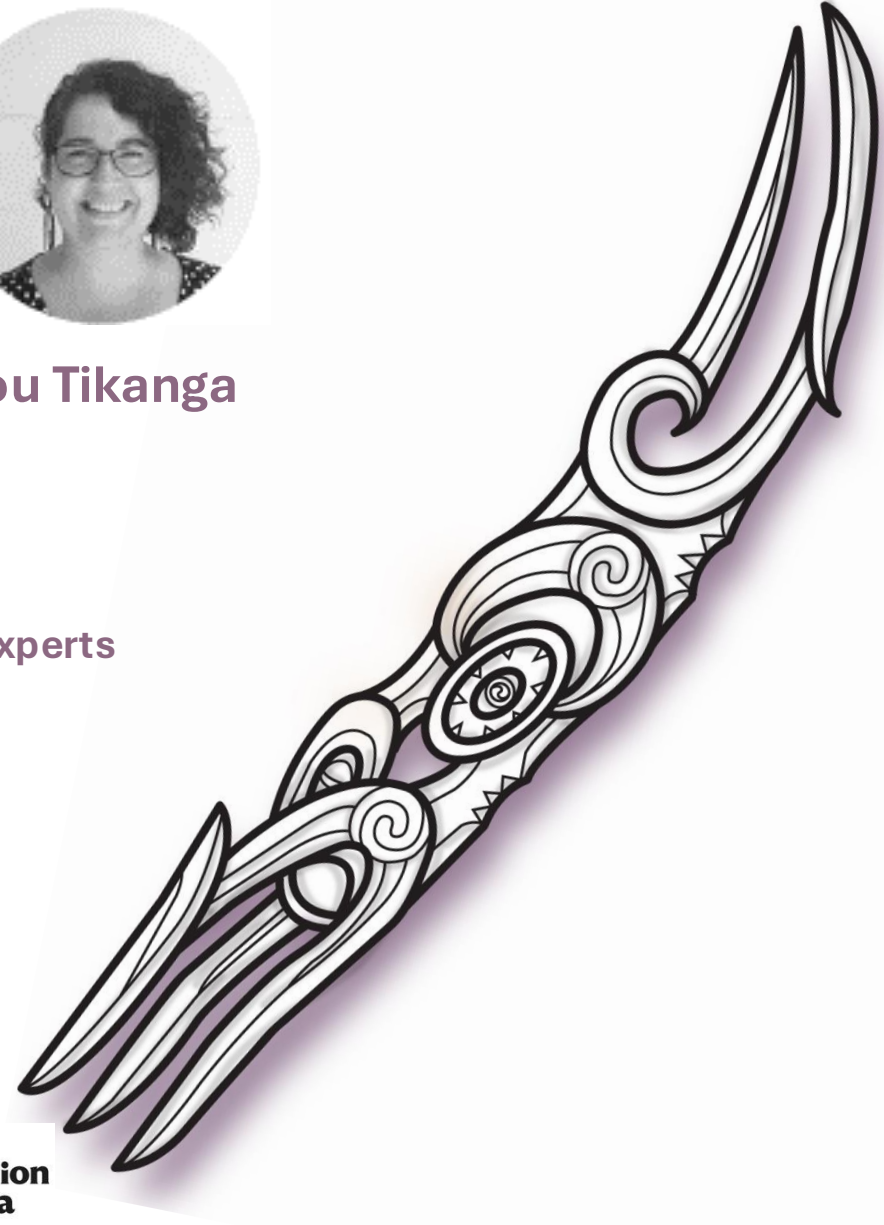
Network of Advisors/professionals

Partner organisations

Positive Women
Wāhine Kaha



**Burnett
Foundation
Aotearoa**



Ngā Taipakeke o te Urutā HIV Ageing with HIV

Te Kitenga

See, observe, perceive

Whanaungatanga

Manaakitanga

Kaitiakitanga

Wairua

Aroha

Pono

Te Mahi

Practice/work

Te Hā

The Breath

Tino Rangatiratanga

Mauri Ora

Te Kitenga

See, observe, perceive

Whanaungatanga

Manaakitanga

Kaitiakitanga

Wairua

Aroha

Pono

Te Mahi

Practice/work

Te Tau

Settle

Design considerations

- Anyone can access, no matter where they lived or worked.
- Easy to update.
- Contain information for two different audiences but not be exclusive.
- Written to be easily understood, clear and accessible.
- Accurate and informative.
- Be led by the HIV community.
- Address people's holistic needs (not just physical or clinical).
- Be mana-enhancing.
- Be deeply grounded in te Ao Māori.

Feel

“compassion, love, heartfelt, someone has my back, this is a place for me, I have been thought about and considered, connected, relatable, proud that it is community driven website, humanity, ageing with HIV is a natural process, not just be clinically focussed, a sense of belonging, I am relevant”.

See

“our stories and experiences, it's easy to access, large buttons, colourful pictures, simple and to the point, correct and accurate information and facts, easy navigation, an introduction to explain what people are going to get from the website, inclusive”

Take-away

“Empowered, they've learnt something, reassured, they will be looked after, educated, people have a greater understanding of the needs as people age with HIV, there are others out there who may be experiencing similar things, a resource to be used and to keep coming back to if needed”

Tū Tangata Rite | *People Standing As One*

Ageing Positively with HIV in Aotearoa NZ

**Ehara i te mea,
no inaianei ...te aroha
No ngā tūpuna
i tuku iho, i tuku iho**

**Whakapono, tūmanako,
te aroha...te aroha
No ngā tūpuna
i tuku iho, i tuku iho**

**Te whenua, te whenua,
te oranga...o te iwi e
No ngā tūpuna
i tuku iho, i tuku iho**