

Module 2

HIV & Syphilis
Rapid Testing



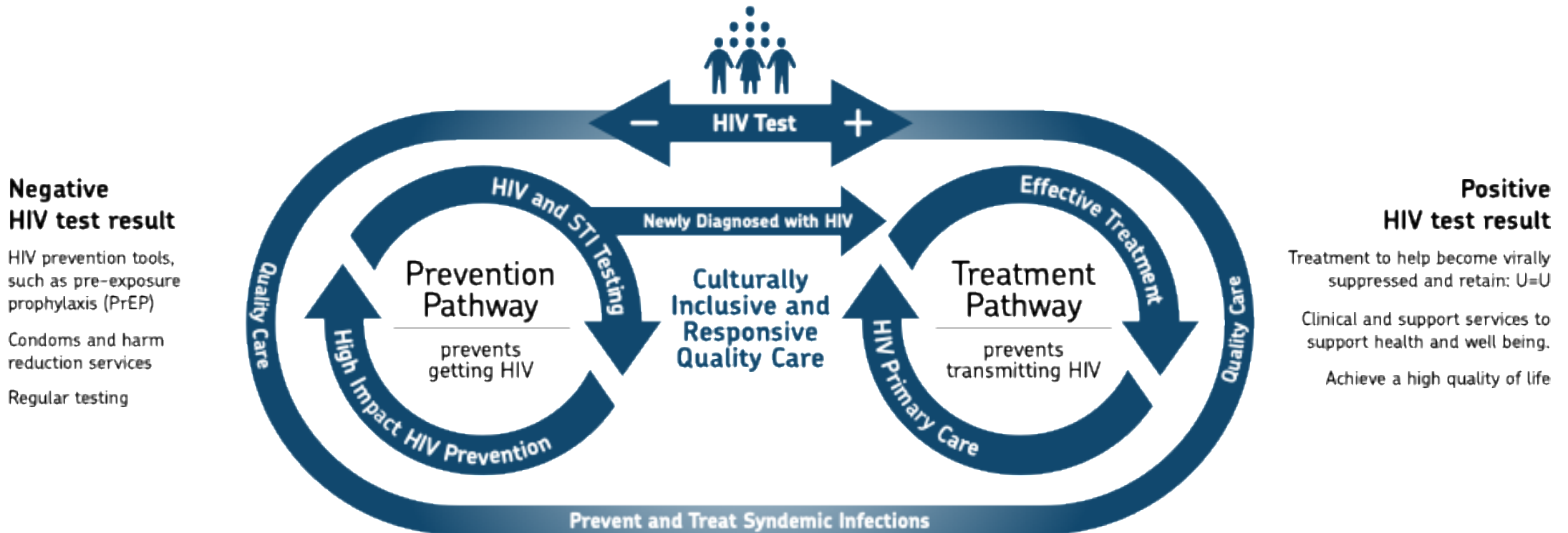
Ministry of Health's National HIV Action Plan for Aotearoa New Zealand 2023-2030

The Action Plan aims to eliminate local transmission of HIV and ensure people living with HIV have healthy lives free from stigma and discrimination.

- Priority groups:
 - People living with HIV
 - Gay people
 - Bisexual and other men who have sex with men;
 - Māori at risk of and living with HIV;
 - Sex workers;
 - People who inject drugs,
 - Transgender and non-binary people
 - **People who have migrated from high HIV prevalence countries**

Status Neutral service begins with an HIV test

Testing is the pathway to prevention and treatment. An HIV test spurs action regardless of the result.



#Better2Know

Why have an HIV test?

- Knowing is good. If a person has a positive HIV test, they can get medication and support.
- When people living with HIV are on medication and the virus is controlled, they can live a long and fulfilling life and cannot pass HIV on to others.
- If a person's test is negative, they can take action to prevent HIV in the future.
- It is not knowing or being unsure that is the concern. The sooner a person takes a test the sooner they can take control of their life.

#Better2Know

- Who to Test
- When to Test



Making Community Testing Accessible

1

Train the Trainer

2

Partner community
organisations

3

Develop the
community testers

4

Protect the
privacy and
maintain



Blood draw with Needle

- Done by a health professional.
- Blood sample sent to a laboratory
- Comprehensive test
- Results in 4-7 days
- Very accurate but takes longer to get results.



HIV Rapid test

- Does not need to be done by Health Professional.
- Pin prick on the finger to get blood.
- Results in 60 seconds.
- Accuracy rate, higher than 99%.
- If test positive, will need to do a confirmatory Blood Draw test with health professional.



Self-Test Mouth Swab Kit:

- Ordered online.
- Easiest for people to do themselves.
- No blood.
- Results in 60 seconds.
- Follow up process, if ordered through Burnett Foundation. To ensure the person is okay. If the test is Positive, can provide support and link person into care.



Pin prick Self-Test Kits. Purchased from Chemists.

- Can be bought in store or ordered online.
- Cost between \$30-\$80 each.
- Not everyone is comfortable about pricking themselves and bleeding.
- Currently there is no follow up or information about support if a person has a positive test.



HIV & Syphilis Combination Rapid Test

- HIV and Syphilis Combination kit tests for HIV and Syphilis at the same time, from one finger prick of blood.
- Process same as the HIV Rapid Test
- Results in 60 seconds.

Window period



An HIV Rapid test, tests for HIV Antibodies in the blood.



It takes 4-12 weeks after being exposed to HIV, for enough Antibodies to develop and show in a blood test.



If a person is testing within 12 weeks, from their last sexual encounter, book an appointment for the client to have another test after 12 weeks

Testing Training video





Testing Role Play Practice



Te Hā o Hine-ahu-one



Palmerston North
Women's Health Collective



**Auckland
Pride**



HOST
INTERNATIONAL
AOTEAROA NEW ZEALAND



Karakia

Kua mutu a mātou mahi
Mō tēnei wā
Manaakitia mai mātou katoa
O mātou hoa
O mātou whānau
Āio ki te Aorangi

Our work had finished
For the moment
Bless us all
Our colleagues
Our families
Peace to the universe