# Treat Yourself Right

## **Online Hui**

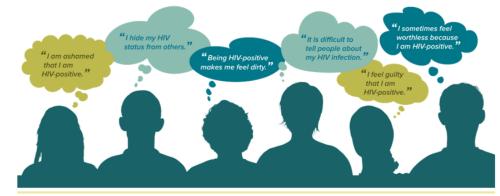
- For Heterosexual women & men; Bi or transwomen living with HIV
- To provide a safe and confidential space to come together, to learn and discuss how to flourish as a person living with HIV.

### Online Hui

#### Stigma and Isolation

**43%** reported having a mental health condition compared with 20% of the general population of Aotearoa

NZ Stigma Index Study 2020



## Treat Yourself Right

Let us work together

Ehara taku toa it te toa takitahu, engari he te toa taki tini My strength is not that of an individual but that of the collective

## **Treat Yourself**

A series of peer Zoom hui for heterosexual women and men, bi and trans people, living with HIV.

**Contact** Judith to register info@positivewomen.nz Join US Dates Topics 13 Jul HIV Disclosure 3 Aug Social space 7 Sept Medications 5 Oct Social space 2 Nov Intimacy &

Relationship (incl U=U & Law)

**Positive Women** 

